

## Hello Chambersburg Area School District!

We hope you are all staying safe and healthy during this time. Our staff here at WellSpan Sports Medicine wanted to reach out to you all, athletes especially, to say that we are still here for you. If you have any questions or concerns about your injuries, exercise programs, things to do to stay active or simply just need to talk; please reach out to Head Athletic Trainer, Ashley (aippolito@wellspan.org). Ashley will pass on the word to the rest of our team or get you in contact with the appropriate person. Your Athletic Trainers', physicians and the rest of the sports medicine team are able to offer telehealth/telemedicine consults for you! We know this is a hard time for you with so many cancelations, changes and things unknown and we want you to know you are not alone! We truly miss being at the school and working with you daily. Seniors, it has been our pleasure to work with you during your high school careers. We wish you all the absolute best in your future endeavors and cannot wait to watch you compete athletically at the next level. We hope to see and speak to everyone very soon! Please do not hesitate to reach out to us!

Stay Safe! Your WellSpan Sports Medicine Staff

Ashley, Jeff, Karen, Rachel, Ginger, Dr. Day & Dr. Conner

